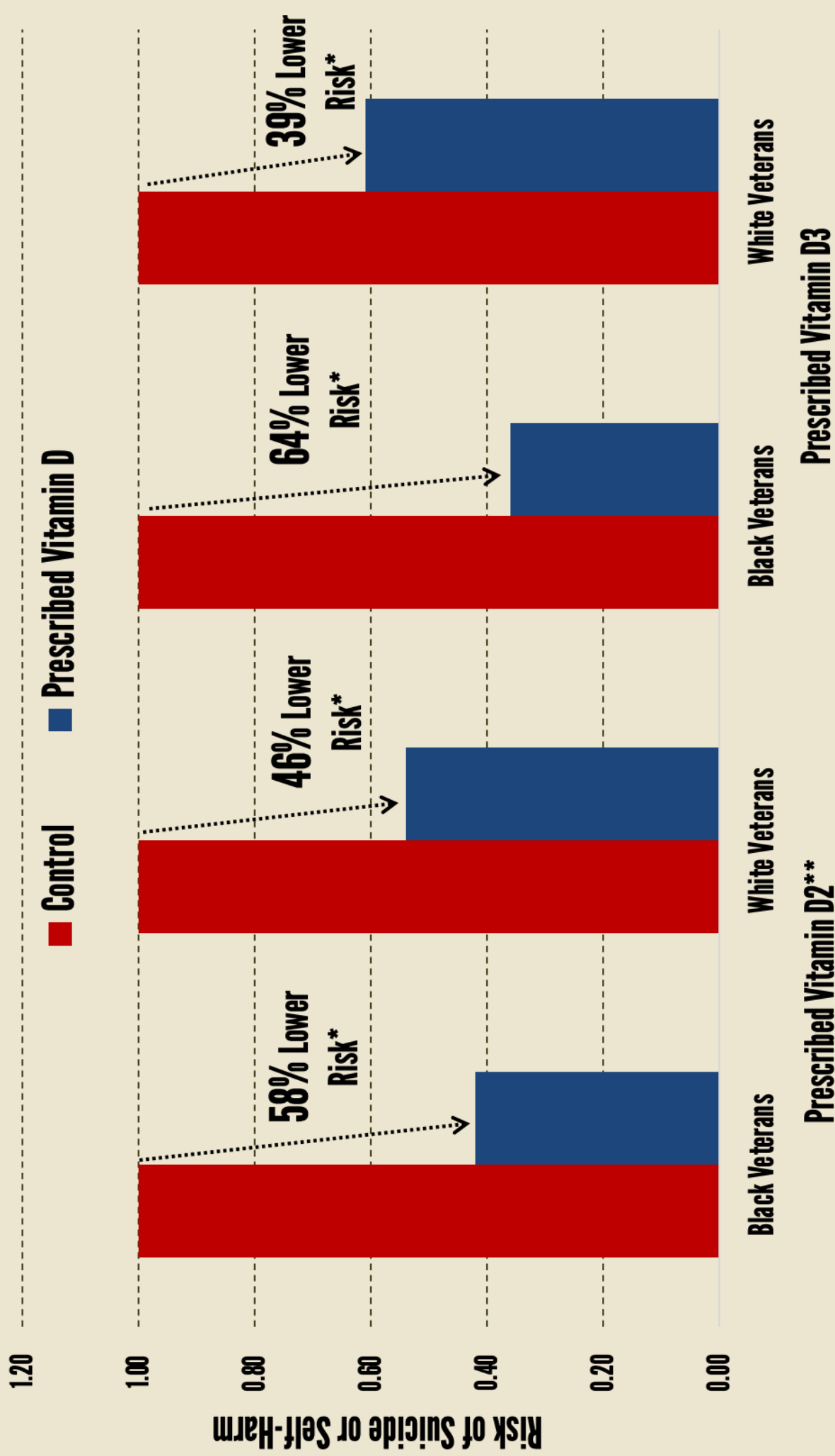


Risk of Suicide or Self-Harm Among US Veterans Prescribed Vitamin D



*p<0.001

Chart Date 3/6/2024

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Lavigne et al., PLoS ONE, 2023.

**Vitamin D2 is a synthetic (non-human) product derived from plant precursors and is not utilized by the body as efficiently as vitamin D3; supplementation with vitamin D3 is recommended



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