

Causes of Injury Induced Inflammation

(If unresolved, can lead to chronic, low-level inflammation & chronic disease)

Causes of Initial Inflammation

Microbial Invasions

Physical Injuries (internal and external)

Diet-induced

Oxidative stress-induced

Surgery-induced

Drug-induced (cancer drugs in particular)

Sensor-induced (physical, emotional, environmental)

Chronic Diseases Related to Unresolved Inflammation

Diabetes

Cardiovascular Disease

Cancer

Auto-immune Disorders

Neurological Conditions

Chronic Kidney Disease

Depression

Polycystic Ovarian Syndrome

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Sears B and Saha AK, *Front. Nutr.*, 2021.



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