

# 25(OH)D by Age Group for U.S. Children & Teens, Ages <18 Years (2009-2010 NHANES, N=2695)

■ <20 ng/ml (50 nmol/L)    ■ 20-39 ng/ml (50-99 nmol/L)    ■ ≥40 ng/ml (100 nmol/L)

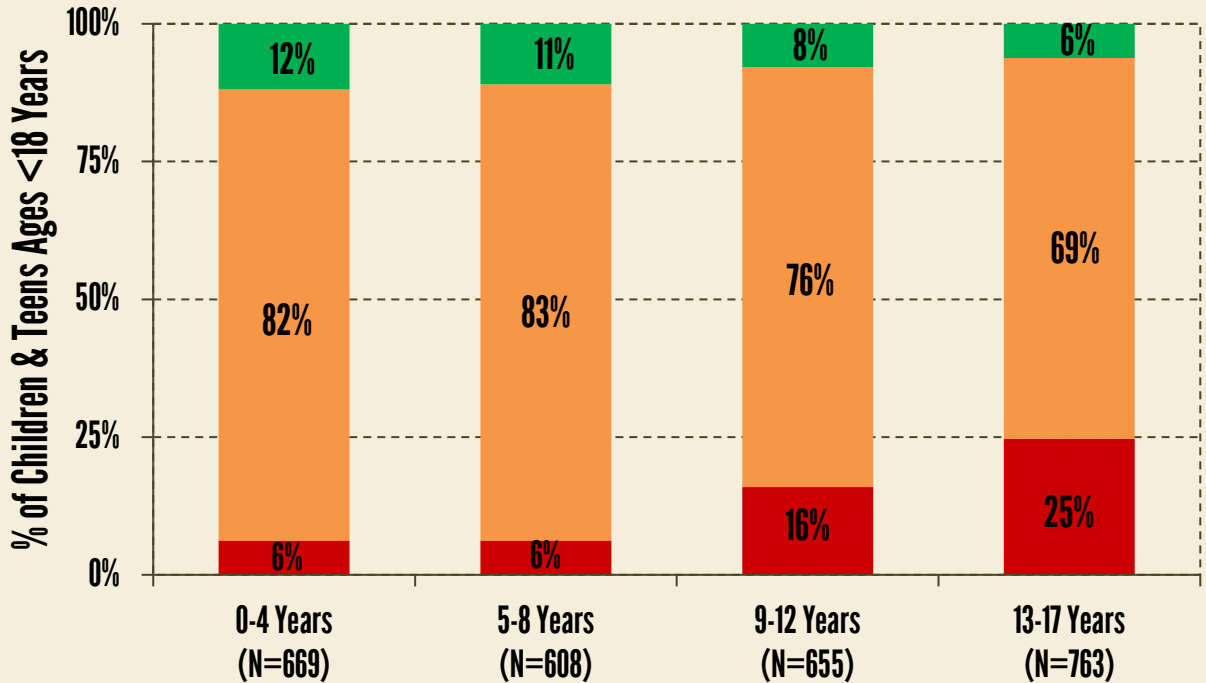


Chart Date 2/24/2023  
© 2023 GrassrootsHealth  
CDC, NCHS, NHANES.

Age Group



**GrassrootsHealth**  
Moving Research into Practice  
[www.grassrootshealth.net](http://www.grassrootshealth.net)