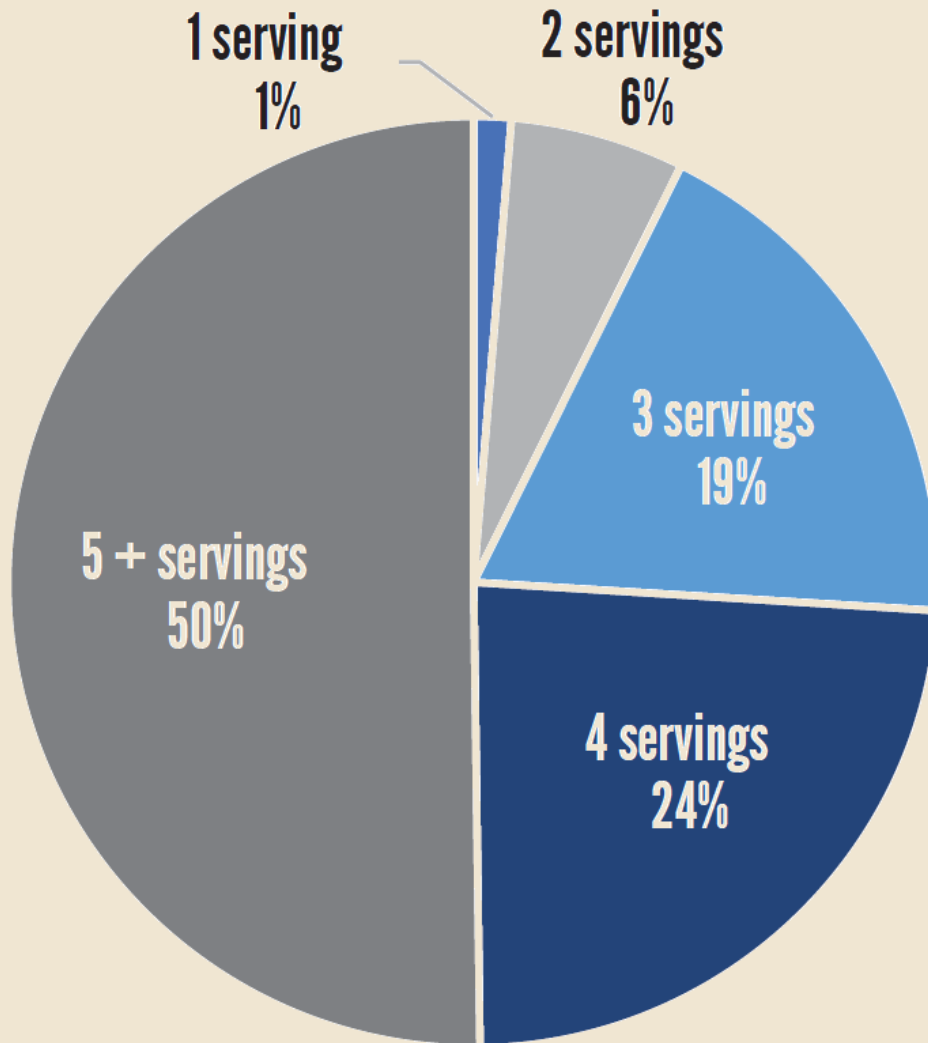


# Number of Servings of Fish Oil Supplements Required to Reach 2000 mg EPA+DHA



**Number of serving sizes needed ranged from 1 to 34**  
**Total EPA+DHA per serving ranged from 60 to 2684 mg**

Chart date 12/13/2022

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Ward et al., J Pharm Pract. 2022.



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