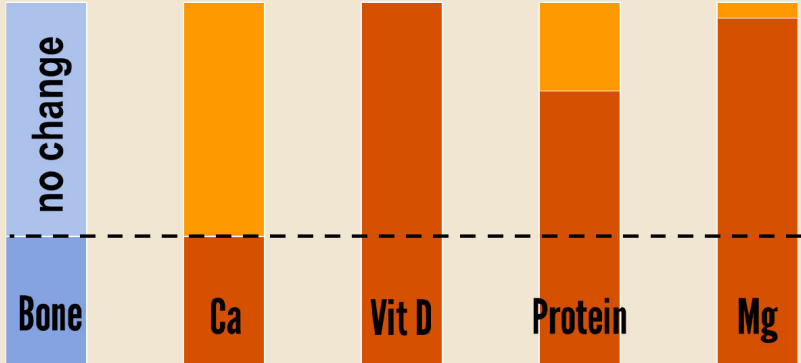
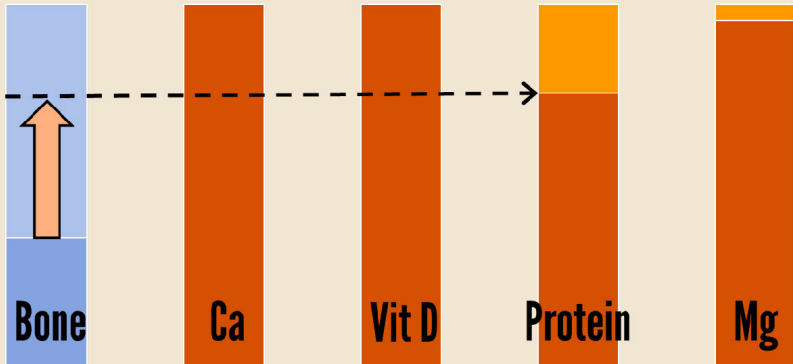


CALCIUM, VITAMIN D, PROTEIN AND MAGNESIUM AS CO-FACTORS IN CHANGE OF BONE STATUS

Optimal Intake Actual Intake



Even with optimized vitamin D status, there is no change in bone status due to calcium as the limiting factor.



Even with optimized calcium and vitamin D status, change in bone status remains limited by protein status.

