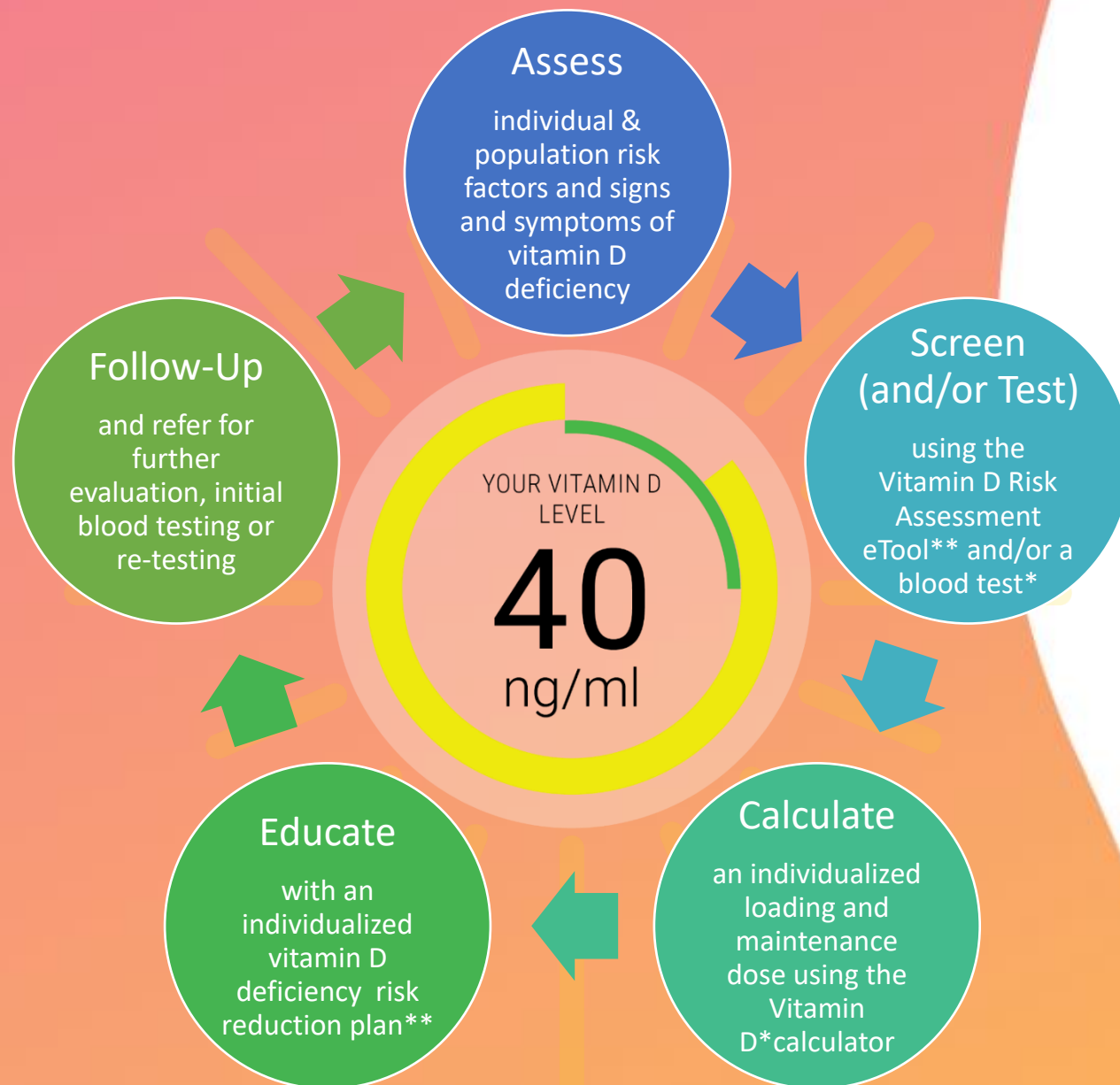


Cycle of Best Practices for Addressing Vitamin D Deficiency

Companion to the *Know "D" Number Patient and Provider Guide to Understanding Vitamin D, Testing & Results*



*A 25(OH)D blood test screening is strongly recommended for at-risk populations

**The evidence-based e-tools: *Vitamin D Deficiency Risk Assessment Quiz & Vitamin D*calculator™*, and IRB-Approved *Know "D" Number: Patient and Provider Guide to Understanding Vitamin D, Testing & Results* can be found at <https://grassrootshealth.net/project/achieve-manage-optimal-vitamin-d-levels/>

