

Health Conditions Associated with Magnesium Deficiency

Aging & Longevity	Migraine Headaches
Anxiety	Muscle Cramps
Asthma	Neurologic Conditions
Atopic Dermatitis	ADHD
Cancer	Dementia
Cardiovascular Disease	Multiple Sclerosis
Atrial Fibrillation	Parkinson's Disease
Cardiac Arrhythmias	Schizophrenia
Congestive Heart Failure	Physical Performance
Mitral Valve Prolapse	Poor Sleep
Sudden Cardiac Death	Premenstrual Syndrome
Cataract & Glaucoma	Prenatal & Newborn Outcomes
Chronic Kidney Disease & Dialysis	Low Birth Weight
Depression	Preeclampsia/Eclampsia
Diabetes & Diabetes Complications	Preterm Birth
High Cholesterol & Triglycerides	Small for Gestational Age
Hot Flashes due to Breast Cancer Therapy	Restless Leg Syndrome
Hypertension	Rickets & Osteoporosis
Kidney Stones	Smoking Cessation
Metabolic Syndrome	

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