

**DON'T WAIT FOR A VACCINE.  
DON'T WAIT FOR A CURE.  
DON'T WAIT FOR MORE RESEARCH.  
TAKE ACTION NOW!**



**Are you experiencing...**

**PAIN**

**FLU**

**HEADACHES**

**CARDIOVASCULAR RISK**

**DIABETES**

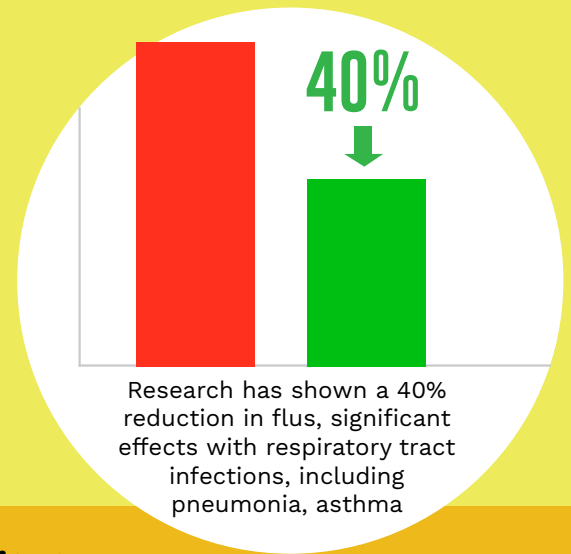
**REDUCED ATHLETIC PERFORMANCE**

**CANCER RISK**

**PRETERM BIRTHS**

**Did you know these could  
be enabled by a simple  
nutrient deficiency?**

You don't have to wait for a vaccine, a cure or more research. You can improve your lives right **NOW!** This is why it's important to test regularly and know your nutrient levels.



### **About GrassrootsHealth Nutrient Research Institute**

GRHNRI is a nonprofit public health research organization dedicated to moving research into practice regarding vitamin D and other critical nutrients. It is supported by an international panel of 48 nutrient researchers from around the world and over 15,000 participants in its projects.



**GrassrootsHealth  
Nutrient  
Research Institute**

**Moving Research Into Practice**

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**Enroll and Test Nutrient Status Today at  
<https://grassrootshealth.net/take-action-now>**

Get your results, set your goals, track, and achieve optimal health!

 **myData  
myAnswers™**