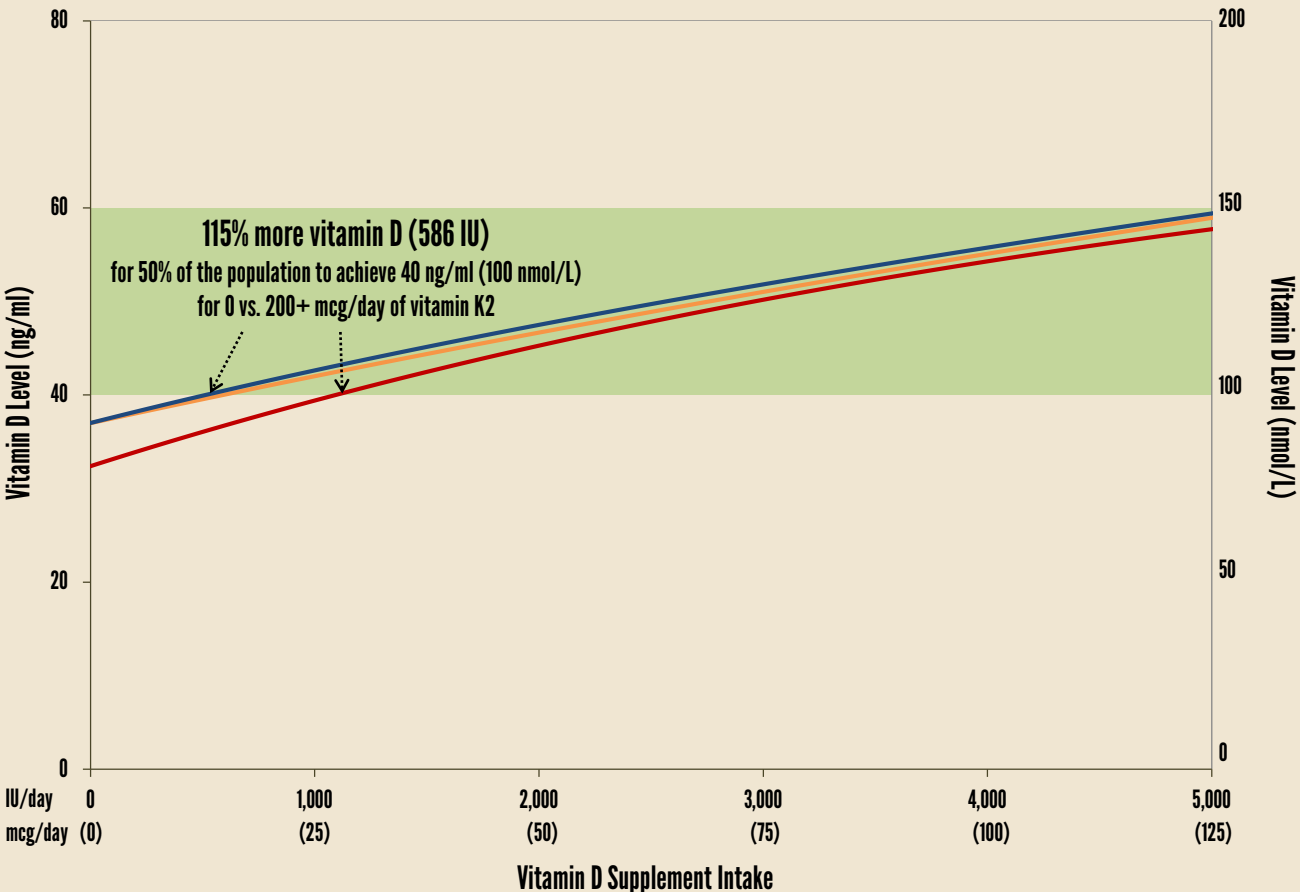


Vitamin D Dose-Response by Supplemental Vitamin K2 Intake (N=3,063)



115% more vitamin D (586 IU)
 for 50% of the population to achieve 40 ng/ml (100 nmol/L)
 for 0 vs. 200+ mcg/day of vitamin K2

- Recommended Vitamin D Status for Health
- 0 mcg/day of supplemental vitamin K2 (N=1,587)
- 1-199 mcg/day of supplemental vitamin K2 (N=1,046)
- 200+ mcg/day of supplemental vitamin K2 (N=430)

Chart Date 1/17/2020
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 Preliminary data, not yet published.