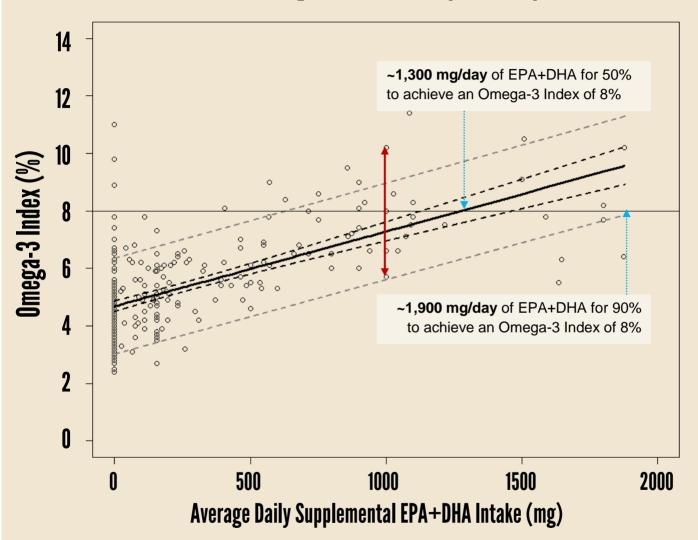
Omega-3 Index by Supplemental EPA+DHA for Participants with No Fatty Fish Intake (N=265)



Includes participants taking up to 2000 mg/day of supplemental EPA+DHA for at least 4 months.

Solid black line is the linear best fit line, inner dashed lines are the 95% confidence interval, and outer dashed lines represent the 80% prediction band (90% of participants are above the lower line). Red line shows the range in response with 1000 mg/day was 5.7% to 10.2%.

Chart Date 11/21/19
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McDonnell et al, Nutrition Research, 2019.

