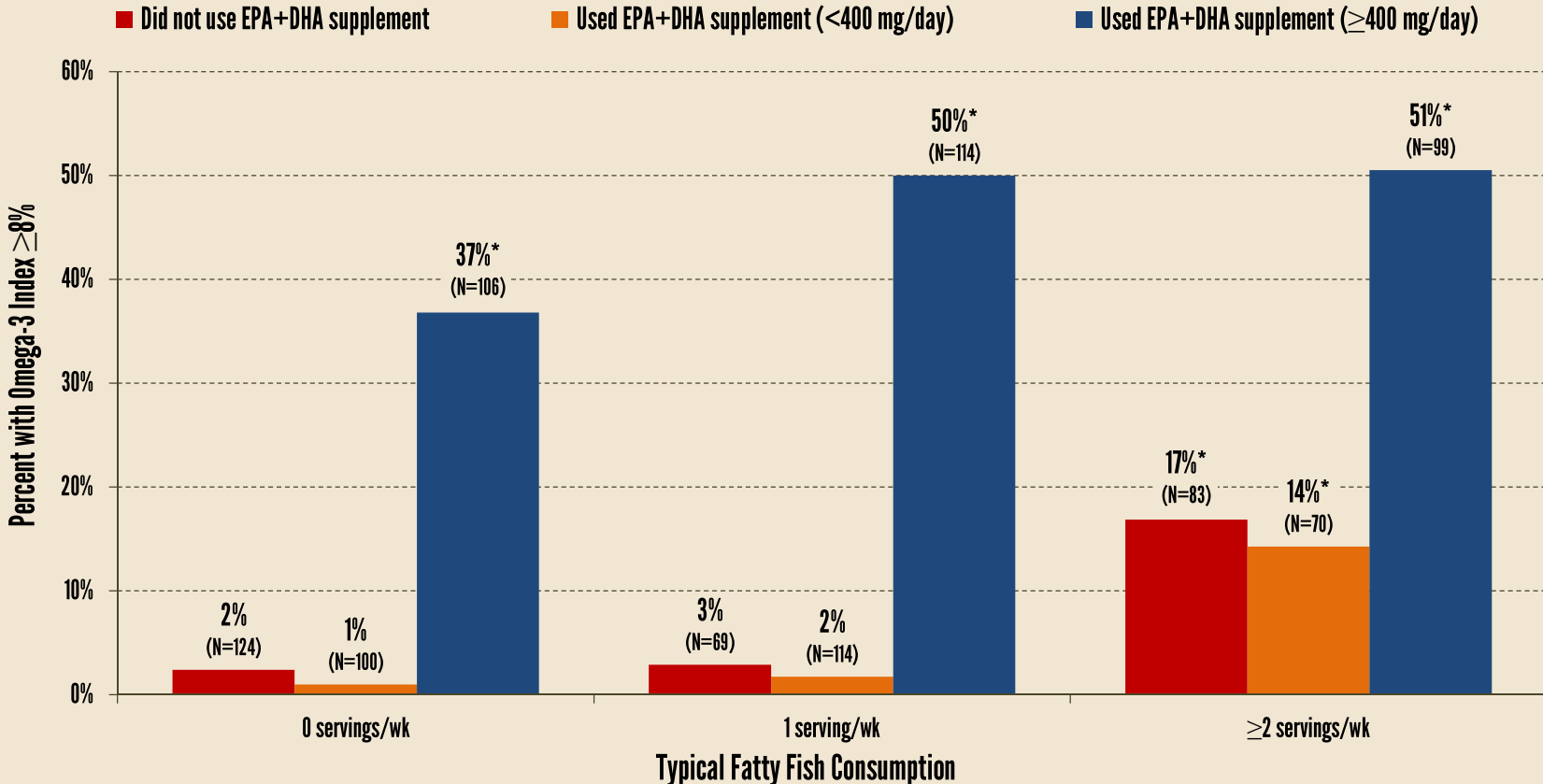


Percent of participants who achieved an Omega-3 Index $\geq 8.0\%$ by typical fatty fish intake and EPA+DHA supplement use



Asterisks (*) = P-values < 0.01 compared those who did not use an EPA+DHA supplement and reported no fatty fish intake.

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