Vitamin D Status by Indoor Tanning Use for Non-Supplement Takers (N=1803)

Use of Indoor Tanning in Prior 6 Months

- Never Used: 21% ≤ 20 ng/mL, 58% 21-39 ng/mL, 21% ≥ 40 ng/mL
- Used Few Times: 7% ≤ 20 ng/mL, 68% 21-39 ng/mL, 3% ≥ 40 ng/mL
- Used Regularly: 3% ≤ 20 ng/mL, 68% 21-39 ng/mL, 68% ≥ 40 ng/mL

GrassrootsHealth
A Public Health Promotion Organization
www.grassrootshealth.net