



CARDIOVASCULAR DISEASE
COGNITIVE IMPAIRMENT
OSTEOMALACIA
ASTHMA
CANCER

DID YOU KNOW THAT BELOW 20 ng/ml OF
VITAMIN D LEVELS CAN INCREASE RISK OF
PREMATURE BIRTH,
OSTEOMALACIA AND OTHER DARKENING
HEALTH DISEASES?

CHECK YOUR VITAMIN D LEVELS TODAY
TO HELP PREVENT ILLNESS
AND PROMOTE WELL BEING ♥

~SUNNY HIPPOCRATES



GrassrootsHealth

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