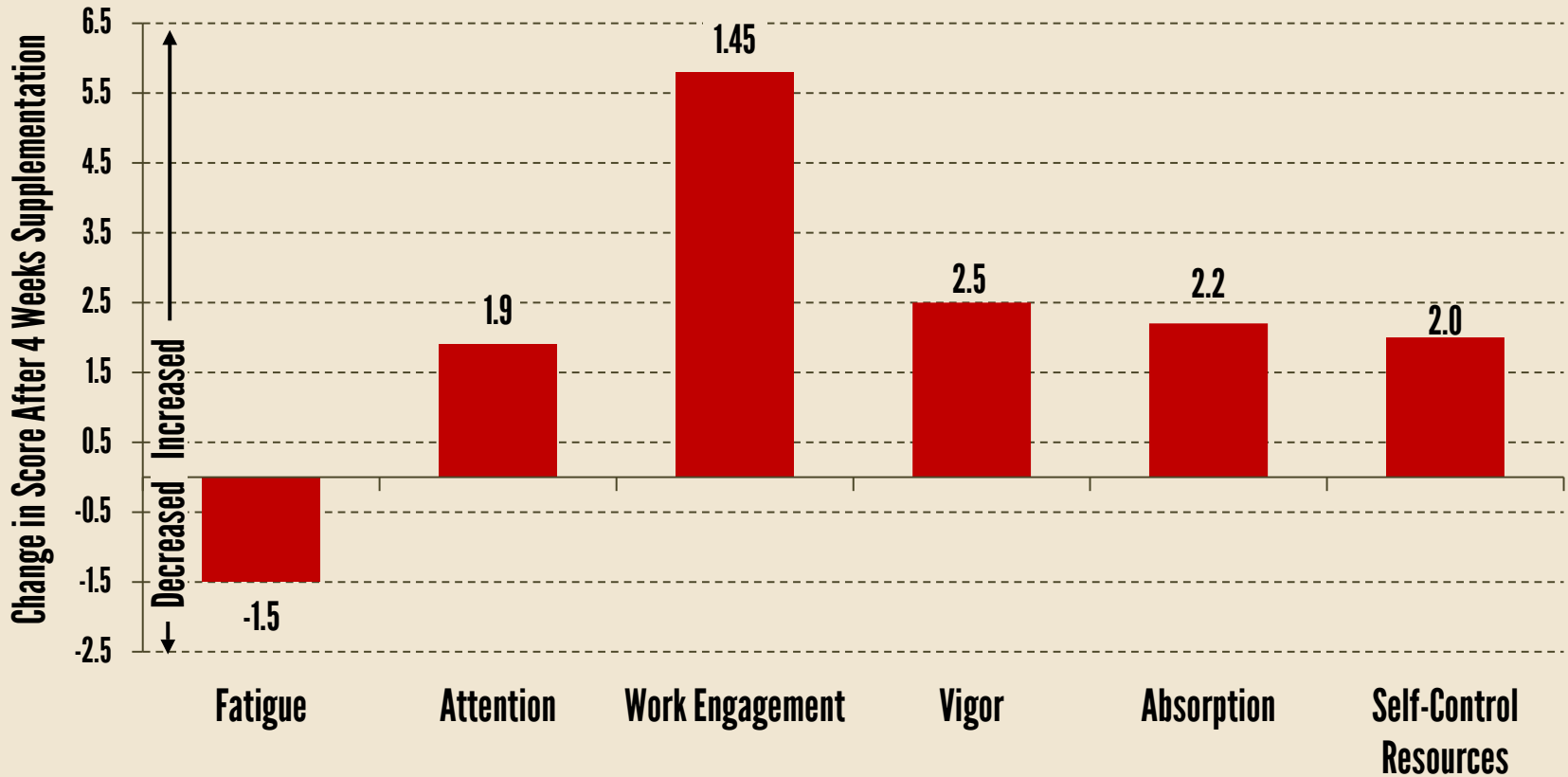


Effect of Vitamin C Supplementation on Subjective Mental Vitality (N=24)



500 mg vit C, twice daily
p<0.05

Aspects of Mental Vitality

Chart Date 3/8/2022

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Sim et al., *European Journal of Nutrition*, 2022.



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