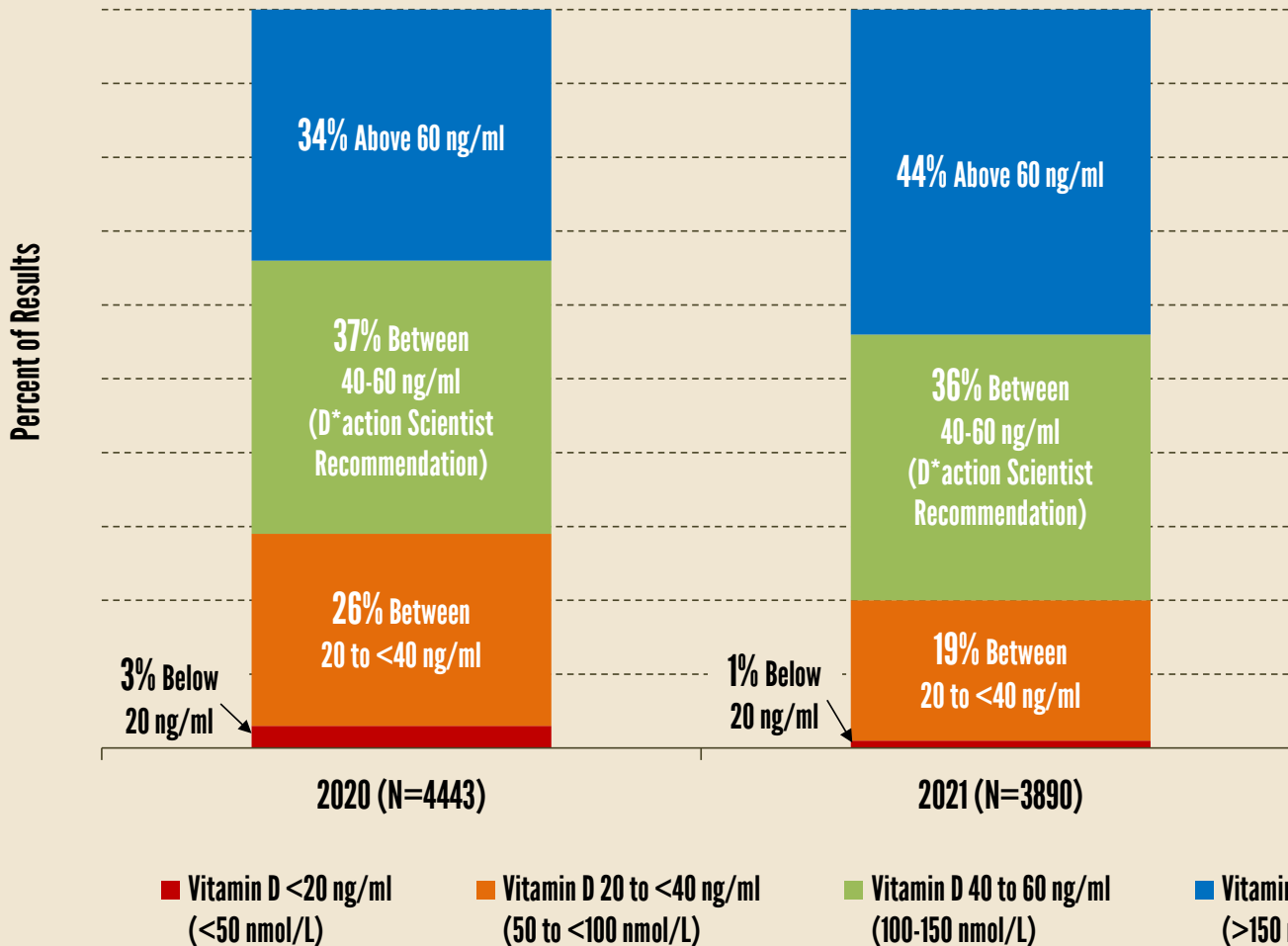


# Vitamin D Test Results Among the GrassrootsHealth Cohort in 2020 and 2021



## From 2020 to 2021:

- The number of vitamin D results above 60 ng/ml (150 nmol/L) increased by 10%
- The average vitamin D level increased from 54 ng/ml (135 nmol/L) to 61 ng/ml (152 nmol/L)
- The number of vitamin D results below 40 ng/ml (100 nmol/L) decreased by 9%

