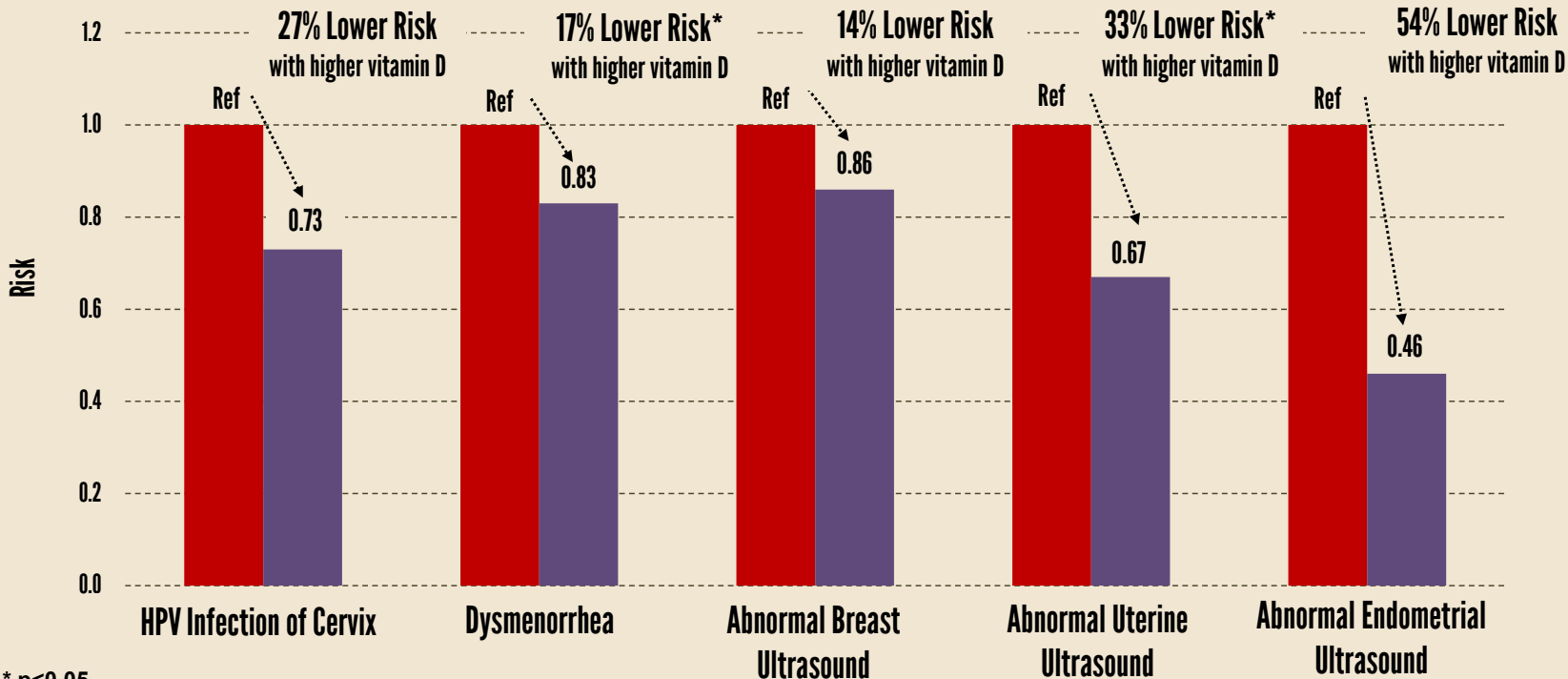


Risk of Gynecological Disorders in Women with Vitamin D Deficiency (Below 20 ng/ml) Compared to Vitamin D Sufficiency (30 ng/ml or Higher)



* $p < 0.05$

Chart Date 11/30/2021
©2021 GrassrootsHealth
Chu et al., *J Chin Med Assoc*, 2021.

■ Vitamin D Deficiency (below 20 ng/ml or 50 nmol/L)
■ Vitamin D Sufficiency (at or above 30 ng/ml or 75 nmol/L)



GrassrootsHealth
Nutrient
Research Institute

Moving
Research
Into Practice

www.grassrootshealth.net