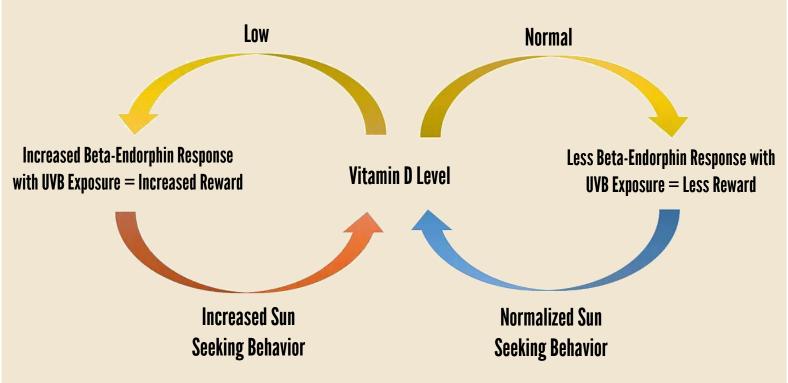
Vitamin D - UVB - Beta-Endorphin Opioid Response Feedback Loop



With rising vitamin D levels, the sun-seeking behavior and resulting opioid response become repressed as less vitamin D is needed.

Chart Date 6/29/2021 ©2021 GrassrootsHealth Based on Kemény et al., Sci. Adv., 2021.

