



Global blood levels of the sum of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Fatty acid composition data from plasma total lipids, plasma phospholipids and whole blood were assigned no categorical ranges that were estimated as equivalent to erythrocyte categories.

% EPA+DHA of total fatty acids in erythrocyte equivalents*

- ≤ 4%
- > 4 - 6%
- > 6 - 8%
- > 8%

