

# Muscle Soreness in Response to Exercise for Placebo vs Magnesium Supplementation

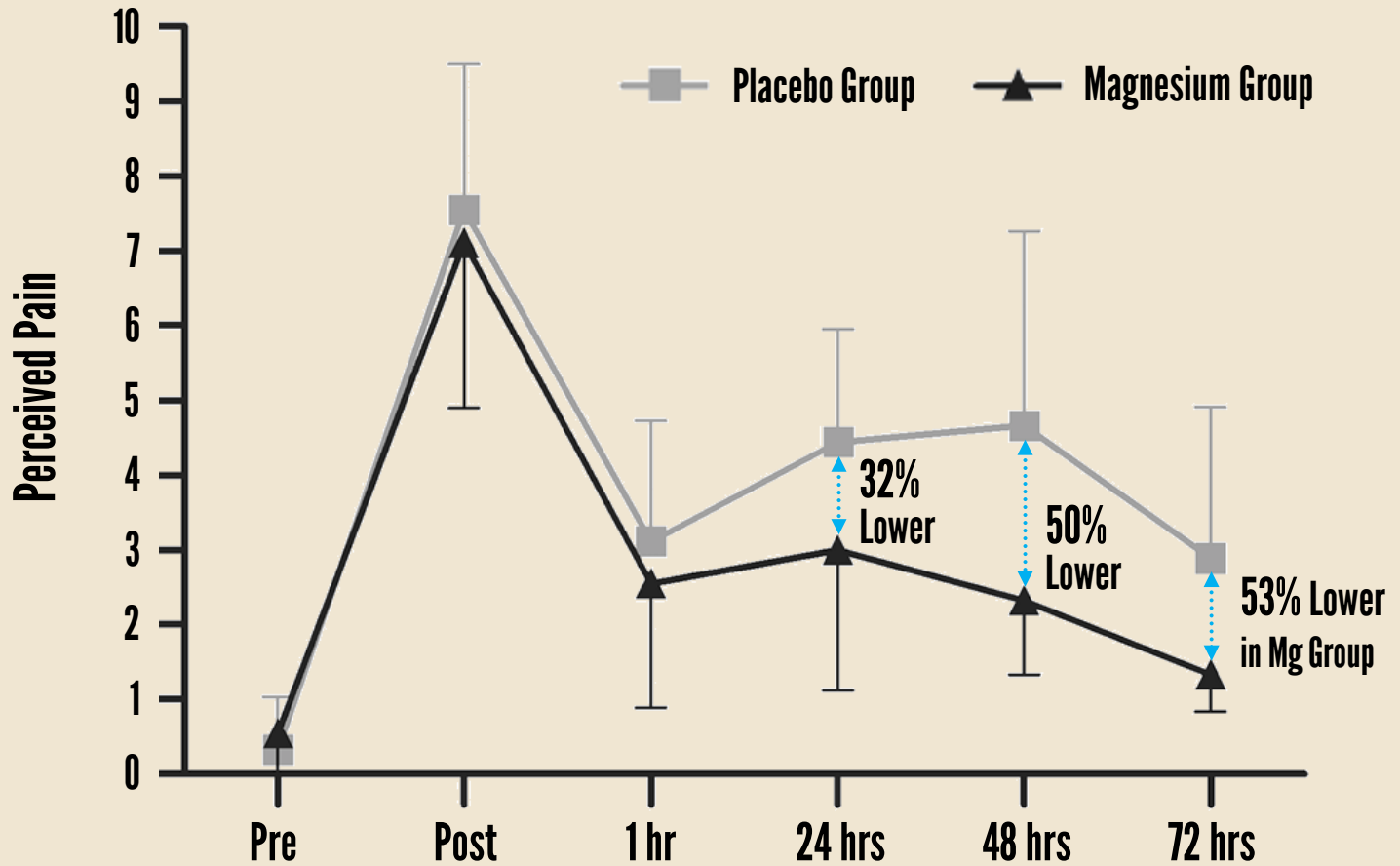


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Steward et al., European Journal of Applied Physiology, 2019.



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