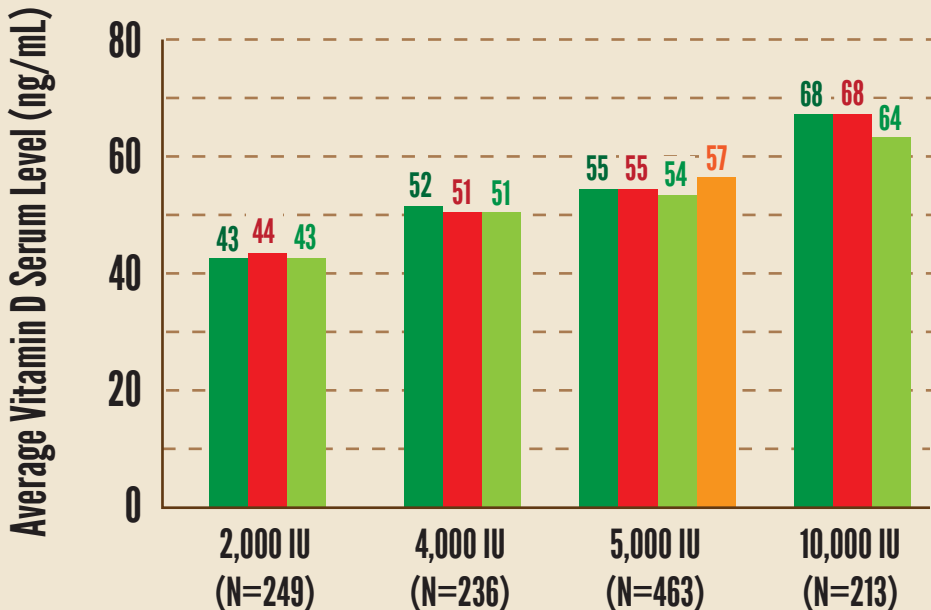


YOUR DATA, YOUR ANSWERS

Serum Level by Supplement Type and Intake Amount



*LIQUID = DROPS AND SPRAY

**POWDER HAD TOO FEW PARTICIPANTS FOR 2000, 4000, AND 10000 IU TO PRODUCE A RELIABLE ESTIMATE.

 Gel-cap  Liquid*
 Pill  Powder**

Chart Date 7/11/13

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Preliminary data, not yet published.



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